

NEEDHAM NEST

Unit 2, The Old Town Hall · Allergen matrix

Menu allergens — by item

Generated 29 June 2026 · keep this with the till as required by UK Food Information Regulations 2014. Always confirm severe allergies with the kitchen.

ITEM	CATEGORY	GLUTEN	NCRUST	EGGS	FISH	P-NUT	SOYA	MILK	NUTS	CEL	MUST	SES	SULPH	LUPIN	MOLL	
Bubble Waffle	Bubble waffles	⚠		⚠			⚠	⚠								
Banana & Cinnamon GF Loaf	Cakes, scones & cookies			⚠												
Banana Bread Slice	Cakes, scones & cookies	⚠		⚠												
Cake Slice	Cakes, scones & cookies	⚠		⚠				⚠								
Cheese Scone	Cakes, scones & cookies	⚠		⚠				⚠			⚠					
Chocolate Chip Biscuits	Cakes, scones & cookies	⚠		⚠			⚠	⚠								
Coffee & Walnut Cake	Cakes, scones & cookies	⚠		⚠				⚠	⚠							
Cookies	Cakes, scones & cookies	⚠		⚠			⚠	⚠								
Fruit Scone	Cakes, scones & cookies	⚠		⚠				⚠					⚠			
Oat Biscuits	Cakes, scones & cookies	⚠		⚠				⚠								
Victoria Sponge	Cakes, scones & cookies	⚠		⚠				⚠								
Apple Juice	Cold drinks												⚠			
Iced Chocolate	Cold drinks						⚠	⚠								
Iced Latte	Cold drinks							⚠								
Iced Mocha	Cold drinks						⚠	⚠								
Orange Juice	Cold drinks												⚠			
Soft drink on the pump	Cold drinks												⚠			
Squash	Cold drinks												⚠			
Americano	Hot drinks															
Cappuccino	Hot drinks							⚠								
Cortado	Hot drinks							⚠								
Espresso	Hot drinks															
Flat White	Hot drinks							⚠								

Hot Chocolate	Hot drinks						🍵	🍵								
Latte	Hot drinks							🍵								
Mocha	Hot drinks						🍵	🍵								
Pot of Yorkshire Tea	Hot drinks							🍵								
Tea Selection	Hot drinks							🍵								
Ice Cream Tub	Ice cream			🍦			🍦	🍦								
Waffle Cone	Ice cream	🍦		🍦			🍦	🍦								
Jacket: Bacon & Cheese	Jacket potatoes							🍟					🍟			
Jacket: Chicken Curry	Jacket potatoes	🍟						🍟		🍟	🍟		🍟			
Jacket: Chilli Con Carne	Jacket potatoes	🍟								🍟			🍟			
Jacket: Classic Beans (v)	Jacket potatoes	🍟														
Jacket: Classic Butter (v)	Jacket potatoes							🍟								
Jacket: Classic Cheese (v)	Jacket potatoes							🍟								
Jacket: Veggie Chilli (v)	Jacket potatoes	🍟								🍟			🍟			
Milkshake	Milkshakes			🍌			🍌	🍌								
Panini: Bacon, Cranberry & Brie	Panini	🍌						🍌					🍌			
Panini: Cheese & Tomato (v)	Panini	🍌						🍌								
Panini: Ham & Cheese	Panini	🍌						🍌					🍌			
Panini: Sausage & Bacon	Panini	🍌						🍌					🍌			
Panini: Tuna & Cheese Melt	Panini	🍌		🍌	🍌			🍌								
Crisps	Savoury bites							🍟								
Sausage Roll	Savoury bites	🍌		🍌				🍌					🍌			
Savoury Crêpe: Bacon & Maple Syrup	Savoury crêpes	🍌		🍌				🍌					🍌			
Savoury Crêpe: Ham & Cheese	Savoury crêpes	🍌		🍌				🍌					🍌			
Savoury Crêpe: Tuna Melt	Savoury crêpes	🍌		🍌	🍌			🍌								
Earl Grey	Speciality teas															
English Breakfast	Speciality teas															
Green Tea	Speciality teas															
Herbal Tea	Speciality teas															
Sweet Crêpe: Biscoff & Crushed Biscuits	Sweet crêpes	🍌		🍌			🍌	🍌								

Sweet Crêpe: Mixed Berries & White Choc	Sweet crêpes	İ		İ			İ	İ								
Sweet Crêpe: Nutella	Sweet crêpes	İ		İ			İ	İ	İ							
Sweet Crêpe: Sugar & Lemon	Sweet crêpes	İ		İ				İ								